

LUNCH & TAKE-AWAY

HOW IT WORKS We serve our hummus as a base, you choose a topping for the centre. Warm pitta bread comes on the side.

MAIN COURSES

	small	regular
chickpeas (w/ free-range egg, +50p) slow-cooked with a pinch of cumin	£2.80	£4.00
fava beans (ful) (w/ free-range egg, +50p) a 5,000 year old recipe of mashed brown mexican beans	£3.30	£4.50
vegetable salad (go greek: add feta, +90p) cherry tomatoes with chopped cucumbers, red peppers & red onions	£3.80	£5.00
mushrooms (w/ sundried tomatoes, +90p) simmered with fresh herbs & caramelised onions	£3.80	£5.00
guacamole (w/ jalapeños, +70p) avocado blended with red peppers, tomatoes & red onions	£4.30	£5.50
chicken (w/ sundried tomatoes, +90p) sautéed in a light tomato-based sauce	£4.30	£5.50
chunky beef (w/ tzatziki, +90p) slow-cooked chunks of tender beef	£4.60	£5.80

regular: 2 pittas, small: 1 pitta
(ask about wheat & gluten-free options)

EXTRAS

50p carrot sticks	70p pitta bread
free-range egg	jalapeños
chopped onions	tortilla chips
falafel ball (cold)	

90p feta cheese
sundried tomatoes
tzatziki

SIDE DISHES (served cold) mixed vegetable salad cherry tomatoes, chopped baby cucumbers, red peppers & onions drizzled with a parsley & vinegar dressing	£2.50
tabouleh bulgar wheat with finely chopped parsley, tomatoes, cucumbers, red peppers & mint dressed with lemon juice & olive oil	£2.50
greek salad tomatoes, cucumbers, red peppers, onions & imported barrel feta topped with oregano & extra virgin olive oil	£3.00
smoky barbecued aubergine (w/ feta cheese, +90p) aubergine slow roasted over an open flame, dressed with tahini & lemon juice	£3.00
falafel salad falafels smothered with fresh tomato-coriander salsa & tzatziki on a bed of shredded cabbage	£3.20

COLD DRINKS fresh mint & ginger lemonade homemade fresh lemonade with a gentle touch of mint & ginger	£1.70
aloe vera juice a unique, extremely refreshing drink sweetened with honey & a dash of grape	£1.70
fresh juice fresh orange fresh apple	£2.00
innocent smoothies (bottled) mango & passion fruit strawberry & banana	£2.10
soft drinks & mineral water pepsi, diet pepsi, 7up still, sparkling spring water	£1.00

HOT DRINKS hot spiced apple juice with cinnamon, nutmeg & cloves	£2.20
fresh mint tea	£1.40
jasmine pearl tea	£1.70
freshly ground coffee double espresso cappuccino latte americano macchiato	£1.70

DESSERTS malabi a milk-based dessert with date honey	£1.50
baklava a small, rich pastry filled with chopped nuts & soaked in honey (2 pieces)	£1.80
double chocolate brownie a rich, homemade double chocolate brownie (gluten free)	£2.00

BY THE TUB our entire menu is available for takeaway, in addition to the following:	
small hummus tub	£1.80
regular hummus tub	£3.00
chickpea topping	£1.00
fava bean (ful) topping	£1.50
veg. or mush. topping	£2.00
guacamole topping	£2.50
chicken topping	£2.50
chunky beef topping	£2.80

all hummus dishes served with wholemeal pitta & garnished with tahini, paprika, & parsley unless otherwise requested. our food may contain traces of nuts & sesame seeds

dinner menu applies after 17:00 monday-friday; weekend menu applies sat.-sun. & bank holidays

service not included

*** free wifi ***